

## THE 315 HALF MARATHON CHALLENGE

A unique series of Half Marathons, one for each of the four seasons. This challenge is not just a test of your running prowess, but a celebration of the cyclical beauty of nature. So lace up and let the seasons unfold beneath your feet!



❄️ LAKE EFFECT | 2/17 | 🌱 EARTH DAY | 4/21



☀️ TROMPTOWN | 8/10 | 🏠 ERACE CANCER | 10/20

## REGISTRATION FEES

**\$280** Until February 1  
**\$300** February 1 - February 11  
**NO PROCESSING FEES!**

Price includes all registration fees and swag for each individual race plus the "3 Run 5" hat.

Looking to run more than these 4 Half Marathons? Check out our 2024 GetFit Challenge at [www.willowrunning.com](http://www.willowrunning.com)

## REGISTRATION

- Registration is by mail only, mail this application & payment.
- You will receive a coupon code for each race event - saving you processing fees!

**Make checks payable to:** Willow Running USA, LLC  
**Please mail entire application & payment to:**

Willow Running USA  
 PO Box 123  
 Sodus Point, NY 14555

Want to pay via Card or Venmo? Email: [willowrunningny@gmail.com](mailto:willowrunningny@gmail.com)

## COMPLETION HAT

Complete the challenge to earn this "3 Run 5" hat.



## THIS CHALLENGE IS PRESENTED BY...

**KinneyDrugs®**  
[www.KinneyDrugs.com](http://www.KinneyDrugs.com)

### Waiver to be used for all Half Marathon events:

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Street Address: \_\_\_\_\_ City/State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

**RELEASE:** In consideration of you accepting this entry, I, the participant, intending to be legally bound and hereby waive or release any and all right and claims for damages or injuries that I may have against the Event Director, RunSignup.com, and all of their agents assisting with any of the four events (listed above), sponsors and their representatives and employees for any and all injuries to me or my personal property. This release includes all injuries and/or damages suffered by me before, during or after the events. I recognize, intend and understand that this release is binding on my heirs, executors, administrators, or assignees. I also authorize the use of photographs or videos that include my image for promotional, informational, or other reasons deemed to be in the best interest of the event.

I certify as a material condition to my being permitted to enter this race that I am physically fit and sufficiently trained for the completion of this event and that my physical condition has been verified by a licensed Medical Doctor.

Failure to date and sign release will invalidate your entry. Parent or Guardian's signature necessary if under 18 years of age.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_